

Getting Shapely Curves Against All Odds

Honey Mendoza (not the client's actual name) personally recounts her timely discovery of **Zunic** and how **Zunic's** treatments helped her achieve a slimmer body and a healthier lifestyle despite a long-time battle with scoliosis.



"I was fond of reading fashion magazines not because I was a fashionista – it was just my way of updating myself with what's happening in this industry. It was also a good way to relax – looking at colourful pictures, being able to "window shop" while lying on your bed. It was through this that I found the advertisement of **Zunic**. I kept that magazine knowing that I will need it "someday."

It was December 2007 when I decided to call the **Zunic** clinic. It was after much cajoling from colleagues that I was beginning to become more "curvaceous" (in the wrong places). I had stopped playing badminton for more than a year – and the hope of shedding the unwanted pounds slowly diminished as I began to notice a much bigger waist and arms. The pants I used to wear were beginning to feel a little tight. My scoliosis was starting to act up as I gained weight and I knew that it was time to visit

Zunic. At that time, I think I was about 120 pounds. For someone petite, I was overweight. More than the weight, I wanted to get back the 'curves.'

"It was a pleasant first visit to the clinic. What with the intricate interior and the inviting smell of lavender, I immediately felt at home. The staff were all friendly; and my consultant, April, was more than willing to explain the various services that **Zunic** offered. Such a persuasive person, April was able to convince me to try it out.

"I started with the basic Contourage™ service to melt my abdominal fat. Lo and behold! During my first program, I really noticed a big difference. My stubborn tummy fat melted away and I was becoming a little bit more confident in wearing my old clothes again – fitting into some of my favourite pants and staple ensembles.

"Noticing the change in my abdomen, I decided to go for my arms. I thought that although my lower arms were thinner than the average person, my upper arms were bigger. I enrolled in another set of Contourage™ treatments for my arms and it has helped decrease their size. After achieving the "almost ideal" size (and 'curves'), I decided to try AccuTone™. For someone who has scoliosis, finding an alternative to sit-ups and crunches was elusive. AccuTone™ was a lifesaver. It not only focused on my abdomen but I was able to target other areas of my body like my arms and my chest.

With my mobile albeit lethargic lifestyle, the probability of increasing weight was always there. AccuTone™ is something that I use (and will

continue to use) to keep unwanted fats at bay. My arms really decreased in size and most of my friends said that I really lost much weight. Intrigued, I checked on my weight after about 5 months of treatment. I had lost about 16 pounds. From someone bordering on a medium size, I am now enjoying shopping for 'extra small' sizes.

"**Zunic** has given me back the confidence that I used to have when I was much lighter, during the time when I played badminton. The weight I lost through Zunic's treatments was almost equivalent to my weight loss when I played badminton twice a week for a year!

More than the weight, I have learned the value of drinking warm water and have understood my body's needs more.

"**Zunic** is not just about weight loss. **Zunic** is about health and fitness to respond to my chosen lifestyle. Thank you, **Zunic**!"

For a free consultation, visit **Zunic** from 8 am to 8 pm, Monday to Sunday.

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Makati Ave., Makati City
Tel. 752-0600 or 752-0601 /

G/F Vivere Hotel
Bridgeway Ave., Alabang
Tel. 771-2200 or 771-5500 /

G/F Newgrange Building
Timog Ave., Quezon City
Tel. 374-0600 or 374-0800 /

G/F AIC Burgundy Empire Tower,
ADB Ave., Ortigas Ctr., Pasig City
Tel. 706-0880 or 706-0660 /

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